



COVID LEVEL 3 VENUE TRAINING GUIDELINES

Gold Coast Hockey Centre



In accordance with the AIS Guidelines for community sport, and the relaxation of the QLD Government restrictions, Gold Coast Hockey Association & the Gold Coast Hockey Management Group are providing the following guidelines for use of clubs, to commence level 3 training from Monday 13th July 2020 at the Gold Coast Hockey Centre.

Clubs must also read the Hockey QLD Return to Play guidelines under stage three. This document has formed the basis for the rules for training at the Gold Coast Hockey Centre.

**PLEASE REMEMBER LEVEL 3 RESTRICTIONS IS NOT BACK TO NORMAL.
THERE ARE STILL RESTRICTIONS THAT EVERYONE NEEDS TO ADHERE TO.**

1. **ALL** people entering the facility for training **MUST** check in and check out by using the QR code at the gates or by going to www.gchmg.org and clicking on the “COVID Check-In” button. Clubs are no longer required to take individual player details if this process is followed. Parents can check their kids in from their phone whilst sitting in their car. Any parent coming in must also check themselves and their kids in at the same time. One person can check in multiple people of the same party.

If we find that people are NOT checking in we will go back to clubs having to take player details with a representative outside the gate.

2. Pitch 1 entry and exit gates for training will be the main gates from the carpark. Pitch 2 entry and exit gates will be the ambulance entry gates from the carpark.
3. There are no limits to training sizes, but the 4sqm rule and social distancing still applies.
4. Game simulation and tackling drills can commence, but players must still maintain social distancing outside of these drills.
5. Players from one training session must not mix with players from the following training session. Under no circumstances are players from the following training session to enter the field of play before ALL members of the previous session have vacated the field. If this is not adhered to we will go back to waiting outside the facility in the carpark till the groups leave.
6. Each training session can now be booked at suitable times in 30min increments. We will no longer be sounding a 5min siren and there will be no changeover times between sessions. If we find that players are congregating too close together between sessions we will revert back to changeover times and waiting in the carpark.
7. Players are still to arrive just in time for the start of their session and to leave promptly at the end of the session. Should players arrive no more than 10 minutes prior to the start of their training session, they are to wait well away from the field entrance till ALL players have vacated the field.

8. Sharing of equipment such as balls is allowed, however the sharing of any other equipment including bibs is not permitted.
9. Individual players are not to pick up or handle Hockey balls at any time. The handling of Hockey balls should only be done by the coaches. Balls should also be cleaned and disinfected prior to training.
10. All change room facilities will remain closed for training.
11. Showers will not be open and players are advised to shower at home.
12. Public toilets will be open and should only be used in emergency.
13. No Hockey bags are to be brought into the venue for training with the exception of Goalkeepers. Players are to be fully kitted out prior to entering the venue with their own equipment.
14. Drink bottles are to be filled prior to entering the venue as taps and water fountains will be excluded to reduce touch points for spreading germs.
15. Any drink bottles or items of clothing left behind at the end of training will be discarded. We would recommend the coach particularly of junior teams making sure that all items have been collected prior to leaving. Anything left behind will go in the bin.
16. Junior team coaches are encouraged to meet their team at the gate and take them in single file to their field for training. They are to then walk them back to the exit at the completion of their training. This is to limit confusion and standing around both prior to and at the end of training.
17. Parents are discouraged from standing around socializing whilst sessions are in progress, and if they do, they must maintain the 1.5m rule as it is currently legislated. Parents must stay well away from each field's entrance and exit areas and must not sit in or congregate in the players dugouts.
18. Parents are still strongly encouraged to drop and go or drop and wait in the car for junior players for training, to limit the number of spectators and gatherings within the facility.
19. If parents do enter the venue they **MUST** check in and check out.
20. The entire upper level of the building will be closed for training and must not be accessed at any time.



**Gold Coast Hockey Centre
COVID Training Zones**

Kumbari Ave